

Chapter 1: The Kingdom of Heaven

Something to *Remember*:

Jesus died so that you could experience Heaven on earth. He is your gateway to Kingdom blessings that are so abundant they almost seem wasteful!

Jesus is your protector! He wants you to live a good life, free from the plans of the enemy, who only ever wants to steal from you and destroy your life.

A relationship with God has no distance between you and Him. He knows your name, your thoughts, your life, your personality, and He wants to give you all your heart's desires.



Something to *Think About*:

- What do you think of when you think of “Heaven?”
- If you could live in Heaven right now, how does that change your daily life?
- If you truly believe that you—yes you!—had unlimited access to God’s abundant riches, how does that impact your daily decisions and attitude?



Something to *Do*:

Make a list of 3 things you can do right now to recognize Heaven around you.

1.

2.

3.

Put your list in a visible place and pause to reflect on it when it catches your eye.

Chapter 2: Two Trees

Something to *Remember*:

True love comes with the ability to choose. God loved you so much that He gave you the freedom to choose - to choose to love and be loved (or not be loved)!

God has already chosen you! He created you, and He loves you, and He's ready to shower you with blessings, provision, protection, and empowering grace.

All opportunity comes from God! When the pursuit of success and the desire to be recognized are your aim, you remove yourself from the full blessing and opportunity of God's Kingdom.



Something to *Think About*:

- Why is freewill - the freedom to choose - so important?
- What does it mean to make Jesus the Lord of your life?
- Do you find yourself leaning more towards independence from God or interdependence on God?



Something to *Do*:

Choose to make Jesus the Lord of your life. Just say the words out loud and believe it in your heart. “Jesus, I make you the Lord of my life!”

Write out what it looks like to be obedient to God in this season of your life.

Take a few minutes to think about what God is asking you to do. Consider anything that might be stopping you from obeying - anything you are holding onto for your independence - and give those things over to God as you pray for that spirit of independence to be broken off of you.

Chapter 3: Our Father

Something to *Remember*:

God is not just Jesus' Father, but yours too! Your experiences with your earthly father greatly impact your perception of God the Father.

God is not a distant and dispassionate deity; He is, and has always been, an intimately involved Father! That means He passionately and intimately cares for you.

You can learn from how Jesus approached and viewed God, and from the dynamics that shaped their interactions. Just as Jesus did, you can come to God, ask Him for what you want and need, and ultimately, submit to His will above your own.



Something to *Think About*:

- How might you be projecting your experiences with your earthly father onto Father God?

- What does it mean to invite God into every decision, discussion, relationship and opportunity in your life?



Something to *Do*:

God wants to be invited into every decision, discussion, relationship and opportunity in your life - everyday! Write down the areas of your life where you need to invite God in. Review the list every morning this week and make a specific effort to invite God into those areas throughout your day.

Jesus taught how to talk to God as Father. Each morning this week, read the Lord's prayer from Matthew 6:9-13.

Write the Lord's prayer in your own words.

Chapter 4: Living in the Kingdom

Something to *Remember*:

You will find blessing in the Kingdom of God, and you can enter that Kingdom right now!

When you live in God's kingdom realm, you are able to live in blessing right now, and be assured of His promises for your future.

There is no separation between temporal life and spiritual life: everything is unified in the Kingdom of Heaven.



Something to *Think About*:

- How do you view God? What does God look like to you?

- What would it look like for you to choose to live in the Kingdom of God every single day?



Something to *Do*:

Identify areas in your life that need God's blessing and Kingdom provision.

God promises to provide for you daily, but it is also your choice to live in the Kingdom of God and do things His way. Write down one area in which you have chosen to live outside the Kingdom. What can you start doing today to bring that area into the Kingdom?

Chapter 5: Growing In The Kingdom

Something to *Remember*:

God is good and He only wants good for you.

The adversity you face in your life is opportunity to see more of God and what He has for you.

God is maturing you through your day-to-day struggles!



Something to *Think About*:

- Paul tells us that we are to be “transformed by the renewing of our minds” (Romans 12:2). How do you think God uses adversity so that you can be transformed to be more like Him?

- How has God used adversity in your past to grow you?

- What challenging situation in your life is God currently inviting you to use as an opportunity?



Something to *Do*:

Write down the areas of your life where God is using adversity to grow you.

Pray and ask God to shift your perspective to see new opportunities in your challenges.

Review your list daily to keep your heart and mind set on what God wants you to see during this time. When you overcome a challenge, be sure to document what God did during the season, the opportunities you clung to, and how you have changed through the experience - giving God the glory for your growth and achievement.

Chapter 6: Identity Crisis

Something to *Remember*:

You have a God-given identity that was handcrafted by God your Father specifically for you!

Your identity does not come from what you do, instead it comes from who God says you already are.

Walking in your identity is simply letting God be the ultimate source from which you view and see yourself.

Once you embrace your God-given identity, you are able to establish and define your purpose within that identity.



Something to *Think About*:

- What comes to mind when someone asks you the question, “Who are you?”

- Where do you look to find your identity?

- What does God, your Father, say about you?

- If you lived every day receiving your identity from God alone, how would this affect your decision making?



Something to *Do*:

Take a moment to write down who God says you are.

Create 3 “I Am” statements from what you wrote down (ex: “I am loved”).

1.

2.

3.

Say these statements out loud to yourself each day!

Chapter 7: Pursuing Your Purpose

Something to *Remember*:

You have an innate desire to make a difference in the world. This desire is hardwired into you by God Himself!

Happiness is not the ultimate goal or purpose in life. Just because something makes you feel happy in the moment, doesn't make it objectively good, worthy, or right.

It is only when you truly understand your purpose that you can determine the true measure of success.

The single most important thing in life is to love God with everything you have and to love the people around you like you love yourself.



Something to *Think About*:

- How has social media affected the time you spend with God?
- What are some ways you have defined success?
- What does happiness look like to you? What does true joy look like?



Something to *Do*:

Make a list of all the things you think will make you happy right now (be honest!). Ask God for his perspective on those things and how you can let them go as sources of your happiness.

Plan one kind thing you can do for someone today. Let God bring a person to your mind and put a plan into action. Think something small, like sending a thoughtful text or paying for a stranger's coffee. Practice outrageous kindness today!

Chapter 8: Bulletproof

Something to *Remember*:

Life experiences teach that relational trust is earned. Jesus shows how to gift trust as he did when he gifted trust to his disciples, knowing they would desert Him.

Relationships will never be completely immune to pain, but when you choose to live in the Kingdom of God, He can heal your broken heart.

You can make the great choice to risk pain and gift trust to others. The key is forgiveness.

When you embrace forgiveness, you gain the ability to gift trust. This brings your relationships into God's kingdom realm - a new and protected space.



Something to *Think About*:

- What relationships are you holding in your own control for fear you might get hurt?
- In what relationships do you need to utilize the spiritual superpower of forgiveness?
- If you truly begin to gift trust, what impact would it make on your calling and purpose? What blessings would it bring?



Something to *Do*:

Make a list of 3 practical ways you can gift trust in your relationships.

1.

2.

3.

Ask God to reveal to you any relationships where you are holding on to unforgiveness. Ask God to help you forgive them. Forgive!

Put your list into action in those relationships.

Chapter 9: Pushing Through Life's Pain

Something to *Remember*:

God grants you free will and the power of choice. You are free to choose what you will do and how you will do it, but you are not exempt from the consequences of those choices.

God intervenes! He will direct and redirect your steps. He directly inserts Himself into your life to bring you healing, give you strength, and empower you.

When you want to know “why” God did not provide the solution you desired in a specific situation, the answer is to surrender and submit to God’s will and direction. The returning blessings are freedom, peace, and healing!

Submitting to God is an active choice!



Something to *Think About*:

- What are some choices that you have made that you did not submit to God? What were the consequences of those choices?

- What are some choices that you have made that were fully submitted to God’s will and timing? How did the result of those actions differ from decisions made outside the will of God?



Something to *Do*:

Make a list of how you see God intervening in your life right now. How is He guiding you, interceding on your behalf, providing physical healing or healing a relationship, strengthening you, or empowering you?

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Now list the places where you desire His intervention.

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Take a moment to praise God for every way you see him intervening in your life, and fully submit to Him all of the areas where you desire His intervention.

Chapter 10: Lighting Up the World

Something to *Remember*:

You are an earthly ambassador for the Kingdom of God.

Because you carry the Kingdom of God with you, you can influence the world with God's goodness!

With your Kingdom authority, you are called to expand the influence of God's kingdom realm and help others find and enter it.



Something to *Think About*:

- What does it mean to light up the world?
- What does it mean to be an earthly ambassador for the Kingdom of God?
- What are some ways you can bring the Kingdom of God into every room you're in, every decision you make, and every activity you are a part of?



Something to *Do*:

How did Jesus' approach of spreading the Kingdom of God differ from your approach? Write down some adjustments you could make to share God's love by extending grace and mercy to those who fall short.

What can you do today to increase God's influence in the world? Write down one way that you can:

- take a leadership position
- exert your influence
- stand up for what is right

Some of these opportunities may be affected by time (e.g. given a promotion, experiencing an injustice in the moment), but take a moment today to pause and see where there are places that you can increase influence now.